



INDIAN BODY BUILDERS FEDERATION

15th
March
2026

37th **DREAM WAVE STUDIO** Presents
MR SARAIGHAT
CLASSIC BODY BUILDING CHAMPIONSHIP, 2026

8th **MR. SARAIGHAT ASSAM 2026**
ASSAM CLASSIC BODY BUILDING, 2026

5th **MS. SARAIGHAT ASSAM 2026**
WOMEN BODY BUILDING, 2026

LOKHRA, Guwahati, Assam



Swamy Remesh Kumar
Executive Vice President-SABPF
Legalcounsel-, WBPF & ABBF
President - IBBF



Chetan Pathare
General Secretary, IBBF, WBPF



Banajyoti Kaudinya
President, Mr Saraighat



Bhabajyoti Goswami
President, ABBFA
Founder Secretary



Affiliated to:

- World Bodybuilding And Physique Sports Federation (WBPF)
- Asian Bodybuilding And Physique Sports Federation (ABPF)
- South Asian Bodybuilding And Physique Sports Federation (SABPF)

Recognized By:

- The Association For International Sport For All (TAFISA)
- General Association of World Sports Federation (GAWSF)
- Foundation for Sport, Development & Peace (FSDP)
- International Sports Council (ISC)
- International Council of Sport Science and Physical Education (ICSSPE)

- World Leisure Organization (WLO)
- World Sports University (WSU)
- International Sport And Culture Association (ISCA)
- Pacific Games Council (PGC)

Date: 23rd December, 2025

To,
The Secretaries/Executive Committee Members/Life Members
State Body Building Associations / Union Territories / Government Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.

Ref. IBBF/SARAI/CR-04-2025

Subject: "37th Mr. Saraighat & 5th Ms. Saraighat 2026"
(Invitational Classic Men's & Women's Bodybuilding Championship)

Dear Sir/Madam,

The Indian Body Builders Federation is pleased to announce that **Assam Body Builders & Fitness Association** has taken initiative under the leadership and guidance of **President Mr. Bhabajyoti Goswami** and the entire team to organize the most prestigious Classic Bodybuilding Invitational Championship **"37th Mr. Saraighat & 5th Ms. Saraighat 2026"**, **Invitational Classic Men's & Women's Bodybuilding Championship**, at Lokhra, Guwahati, Assam on Sunday, 15th March, 2026.

We on behalf of the Indian Body Builders Federation take this opportunity to invite the best athletes and officials from affiliated State/Union Territories/Government Sports Board units to participate in this most prestigious invitational body building championship of the year.

We solicit your kind co-operation and u understanding in this regard.

Thanking you,
For **Indian Body Builders Federation**

S. Ramesh Kumar

Swamy Ramesh Kumar
President, IBBF



Chetan M Pathare

Chetan M. Pathare
General Secretary, IBBF
Secretary General, WBPF



: CORRESPONDANCE ADDRESS :

Pathare Gymco : 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai – 400 012, Maharashtra, India
Mobile : +91-99679-71970 **Email** : ibbfmumbai09@gmail.com **Website** : www.ibbf.in

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“37th Mr. Saraighat & 5th Ms. Saraighat 2026” PARTICULARS

Contest	:	“37 th Mr. Saraighat & 5 th Ms. Saraighat 2026”,
Date	:	Sunday, 15 th March, 2026
Organizer	:	Saraighat Gym
Venue for Finals	:	Lokhra, Guwahati, Assam
Categories		
Men’s Bodybuilding	:	One Open Category
Women’s Bodybuilding	:	One Open Category
Prizes	:	
Men’s Body Building	:	First Ten Winners will receive Cash prizes of Rs.1,50,000/-, Rs.1,00,000/-, R.80,000/-, Rs.60,000/-, Rs.50,000/-, Rs.40,000/-, Rs.30,000/-, Rs.30,000/-, Rs.30,000/-, Rs.30,000/-, respectively.
Women’s Body Building:		Top Five winners will receive Cash prizes of Rs. 50,000/-, Rs. 40,000/-, Rs. 30,000/-, Rs. 15,000/-, Rs. 15,000/- respectively.
Entry Fees		All the participants will receive participation certificate.
Men’s Bodybuilding	:	Rs.3,000/- per competitor

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Women's Bodybuilding: Rs.3,000/- per competitor

Last Date for Entry : 5th March, 2026

Contact : Mr. Bhabajyoti Goswami – 9401381658 /7002568150

IBBF Secretariat : Mr. Chetan M Pathare – General Secretary
Mobile: 99679 71970

- Rules for the Contest**
1. No lodging and boarding will be provided.
 2. All officials and competitors must arrive prior to the schedule.
 3. All the officials and judges are requested to come in uniform prescribed by IBBF, else they will not be allowed to participate in any official activities and will not be allowed to sit as judge.
 4. Golden, Silver, and Bronze colour tanning cream is not allowed.
 5. It is compulsory for the participants participating bring their own music CD for the free posing performances to make this show a grand success.
 6. Participants are requested to use proper trunks and tanning cream.

Entries : **Please send your entries/confirmation on or before 5th March, 2026**
General Secretary
Indian Body Builders Federation
C/o, Pathare Gymco
280/A, Jawalkar Mansion,
Dr.Babasaheb Ambedkar Road, Parel,
Mumbai-400012. Maharashtra.
Email – ibbfmumbai09@gmail.com

Please Note : The Indian Body Builders Federation, Assam Body Builders & Fitness Association or no other organizers will be responsible for any mischief, injury or damages

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sustained in travel, before, during or after the championship.

SCHEDULE

Sunday, 15th March, 2026

11.00 AM ONWARD	:	Arrival of all competitors, officials and judges
04.00 PM	:	Registration of Participants/Officials/Judges
05.00 PM Onwards	:	Commencements of Finals & Prize Distribution Venue: Lokhra, Guwahati, Assam.
10.00 PM	:	Farewell Dinner only to the Invited officials and participating athletes

PLEASE NOTE NO ACCOMODATION WILL BE PROVIDED



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